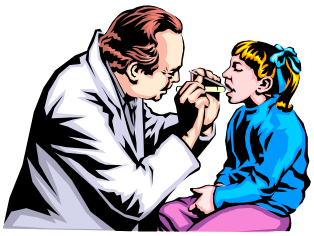
Ask your family doctor about…

Complete Physicals & Well Woman Exams

The American Academy of Family Physicians is emphasizing Preventive Medicine at their Annual Clinical Focus for 2003. The health care providers of the Family Health Centers strongly endorse the belief that "an ounce of prevention is worth a pound of cure." Please ask your nurse or doctor about the following preventive services today:

- Prevention of heart disease and stroke by screening for high blood pressure, diabetes, and high cholesterol.
- Discussion of weight management and smoking cessation to prevent heart disease and cancer.
- PAP smears for cervical cancer screening.
- Bone density for osteoporosis screening.
- Mammograms for breast cancer screening.
- Colon cancer screening with hemoccult cards and sigmoidoscopy.
- Prostate cancer exam and PSA testing.
- Immunizations to prevent infection.



Sick and Well Child Care

Family Physicians are trained to take care of the entire family. If you would like us to take care of your children's health needs, please ask about scheduling a well child check and immunization update, school or sports physical, or camp physical.

Same day appointments are available to see sick kids. Family physicians are also well trained to manage common chronic childhood illnesses such as asthma, allergies, recurrent infections, and attention deficit.

Office Surgery & Injections

Your family physician is trained to treat common skin problem here in the office. Ask us about:

- Cryotherapy (freezing) for sun damaged skin.
- Biopsy or removal of moles, warts, skin tags, cysts, and boils.
- Stitches and tetanus shots for cuts.
- Removal of ingrown toe nails.
- Injections for tendonitis, bursitis, and painful joint conditions.

We also offer full lab, EKG, X-ray, pulmonary function testing, physical therapy, diabetes care, nutrition counseling, and hospital care at Mission-St. Joseph's.